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Self-consistent RPA approach

Single particle bases taken from Hartree-Fock (HF) calculations

Same interaction used in HF and RPA

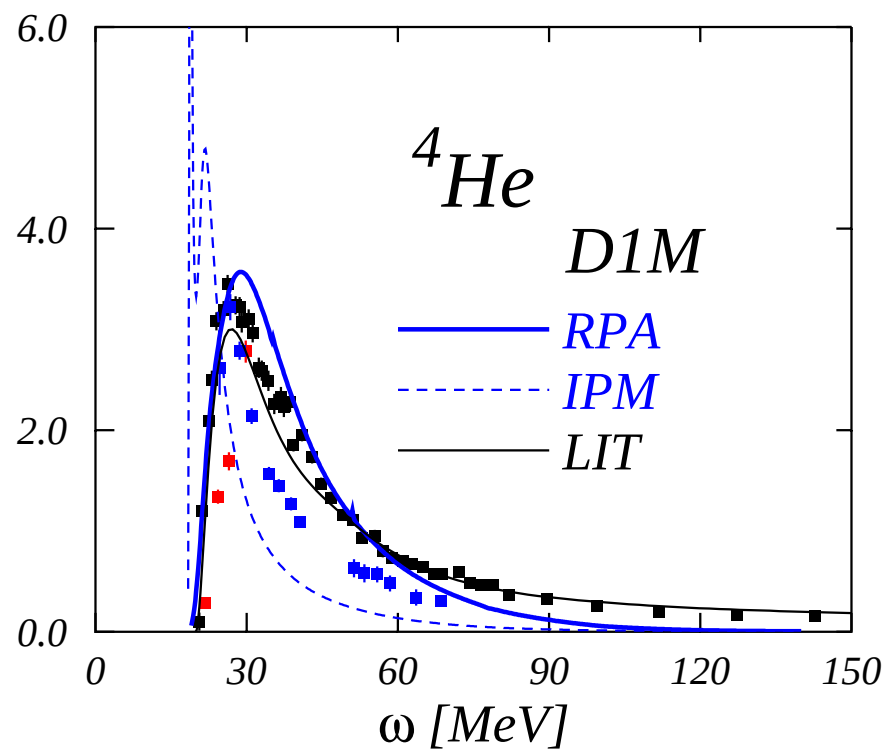
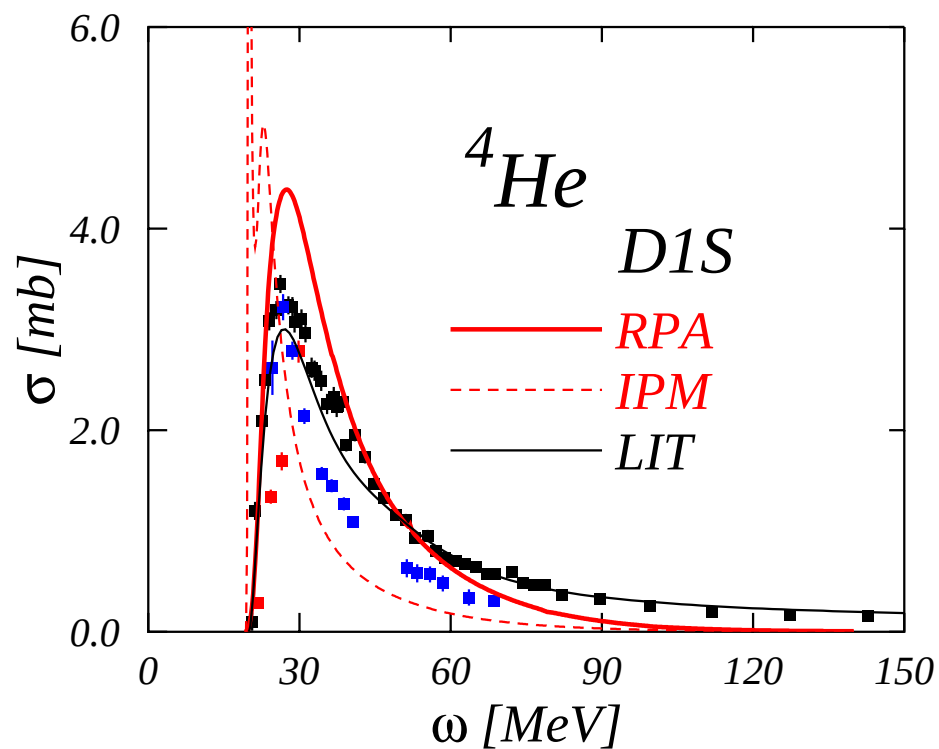
A unique interaction for all the nuclei

Parameter free calculations

^4He

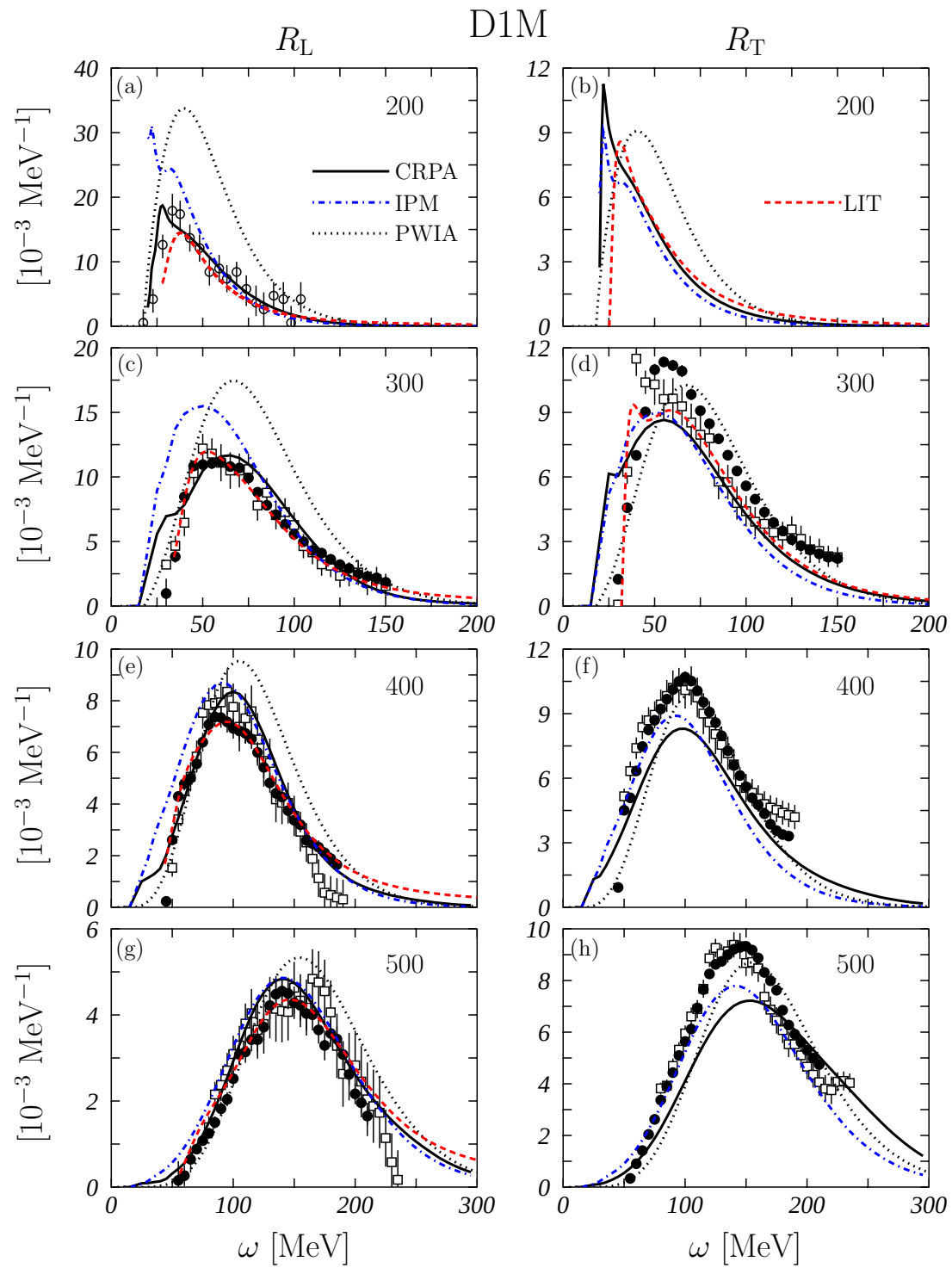
$E(\text{D1S}) = 30.28 \text{ MeV}$

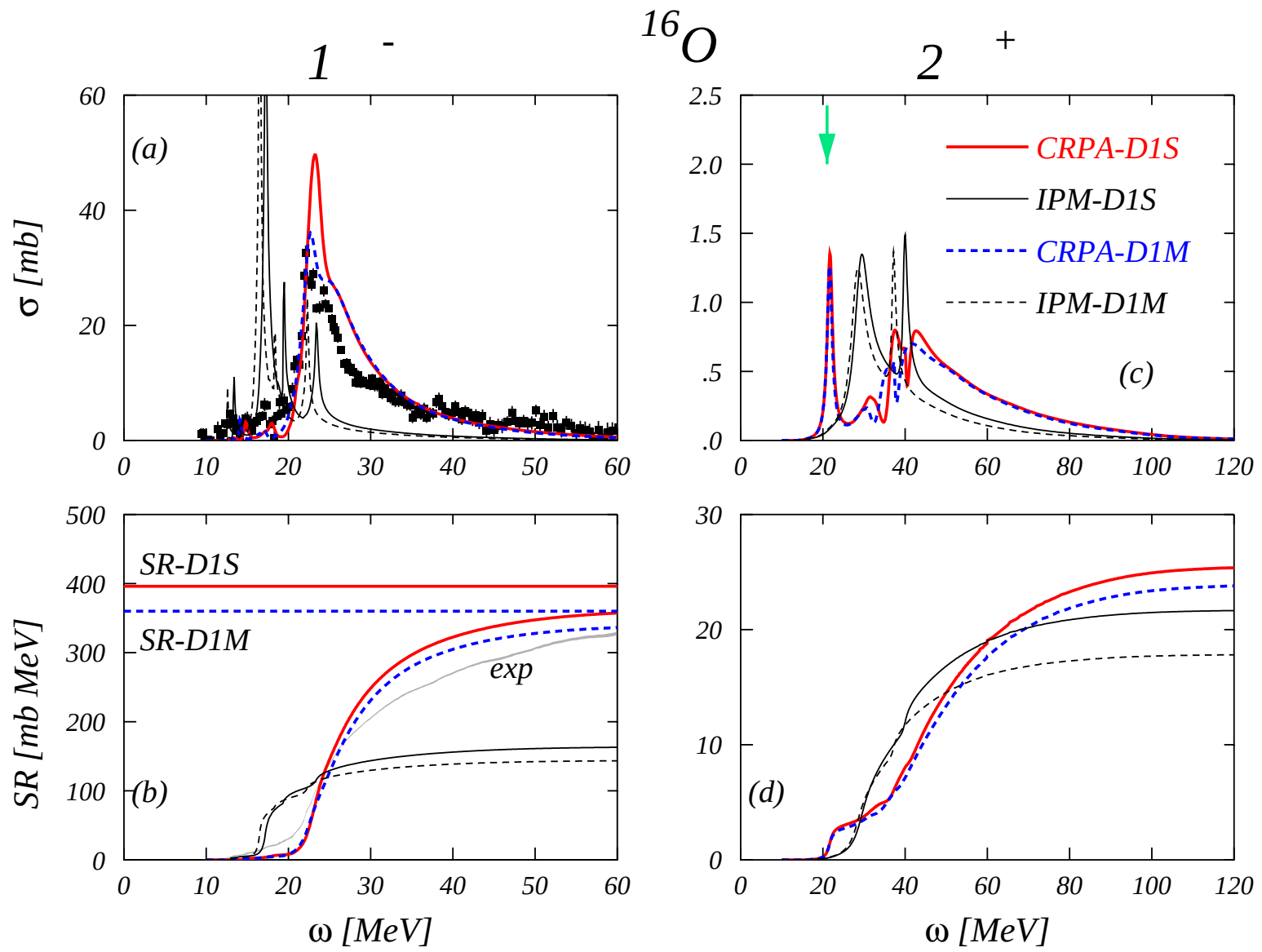
$E(\text{D1M}) = 29.54 \text{ MeV}$



Data: T. Shima et al., Phys. Rev. C 72 (2005) 044004, B. Nilsson et al., Phys. Lett. B 626 (2005) 65, Yu. M. Arkatov et al. Yad. Konst. 4 (1979) 55.

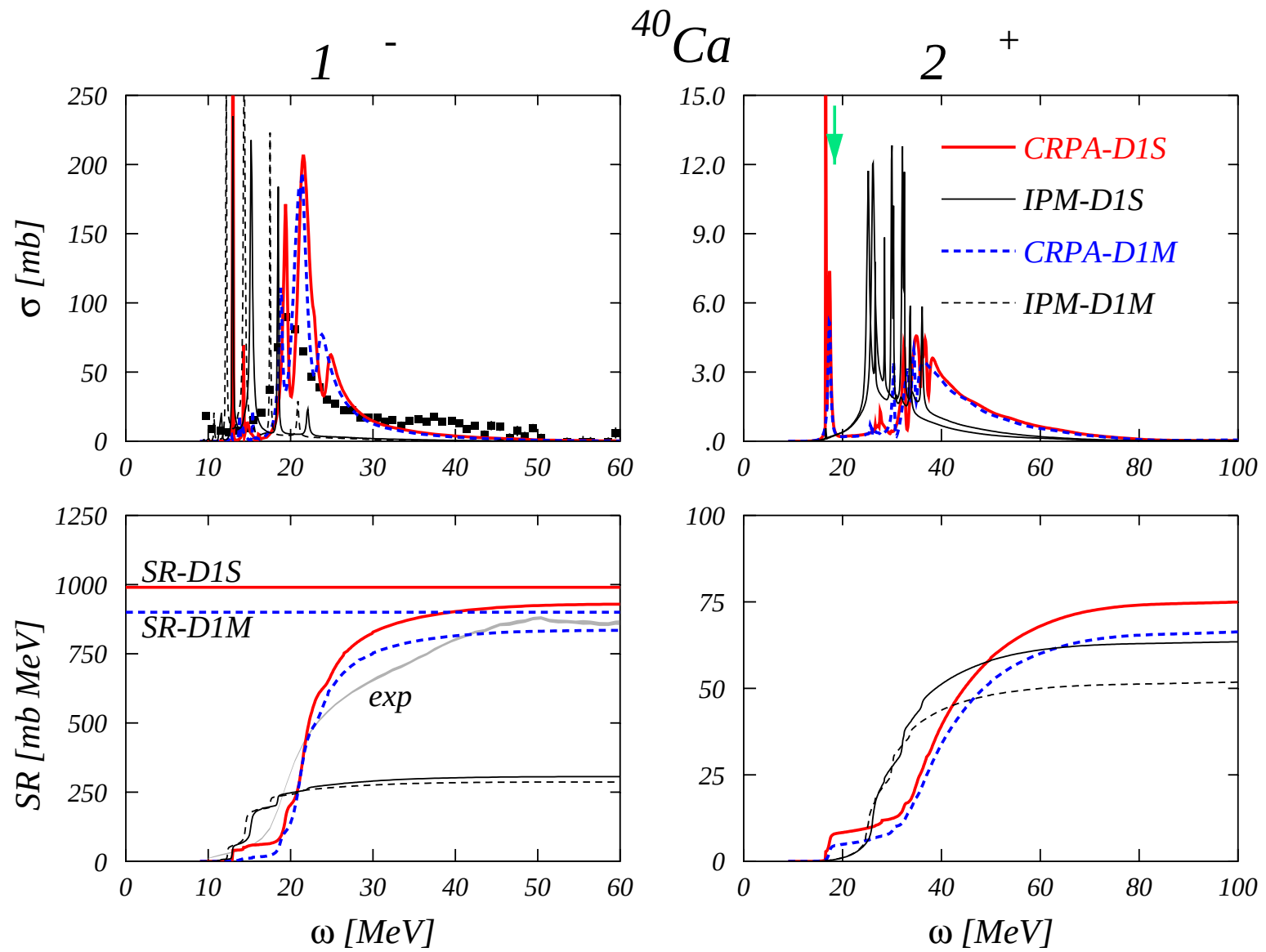
LIT: D. Gazit et al., Phys. Rev. Lett. 96 (2006) 112301, G. Orlandini, priv. comm.





1^- data: J. Ahrens et al., Nucl. Phys. A 251 (1975) 479.

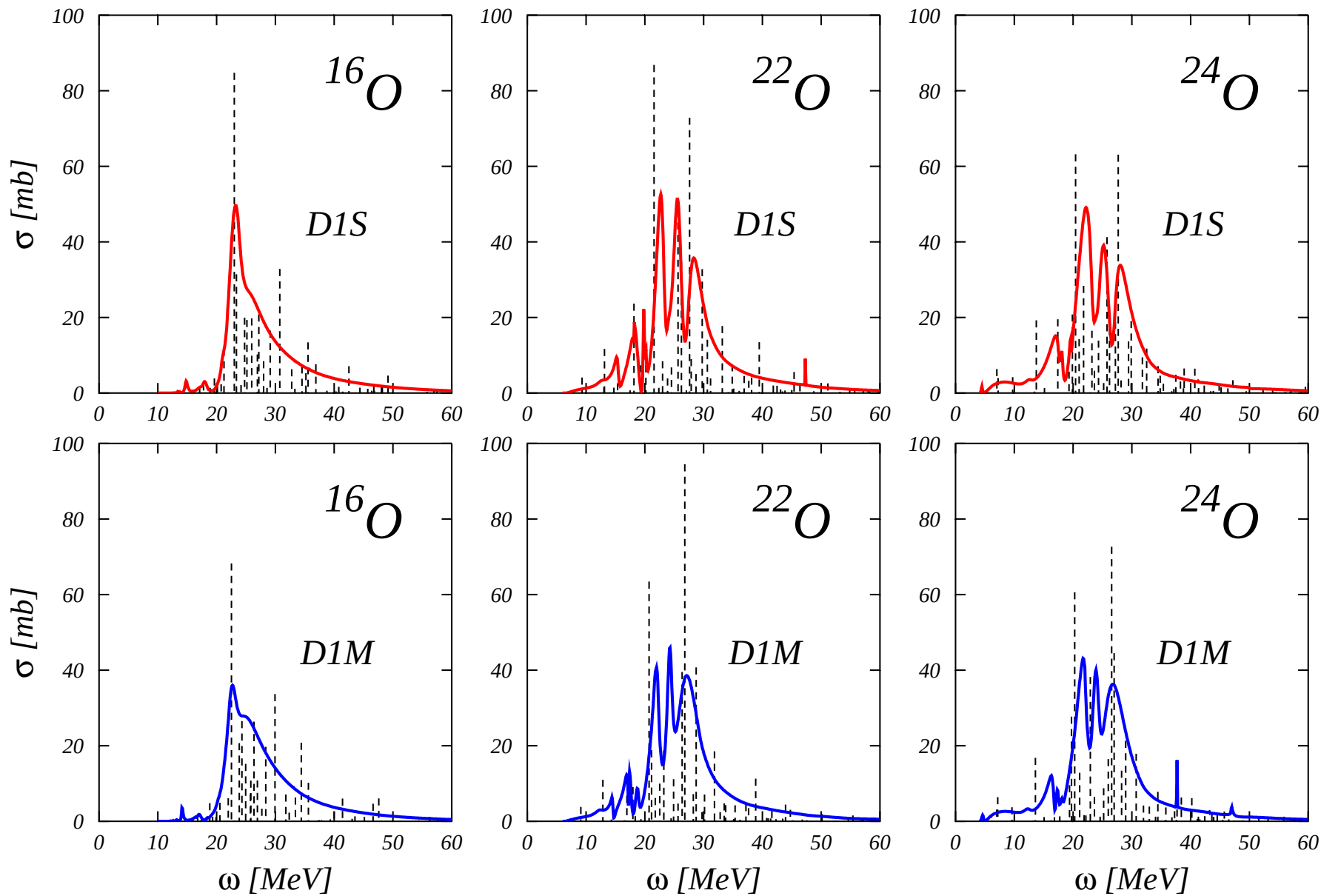
2^+ data: K. T. Knöpfke et al., Phys. Rev. Lett. 35 (1975) 779



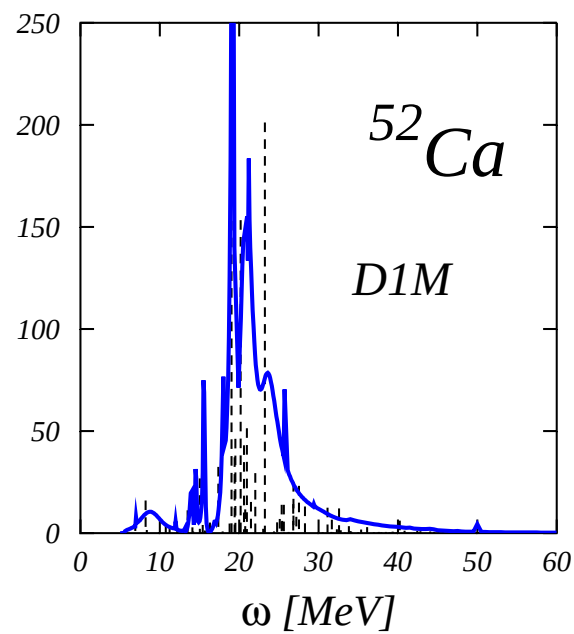
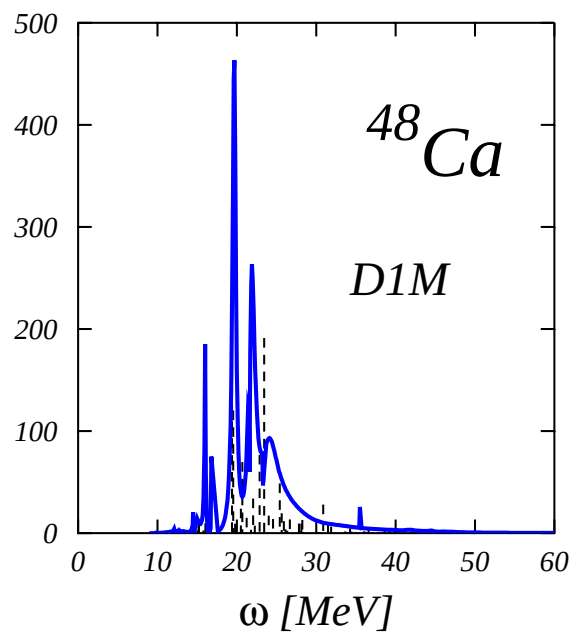
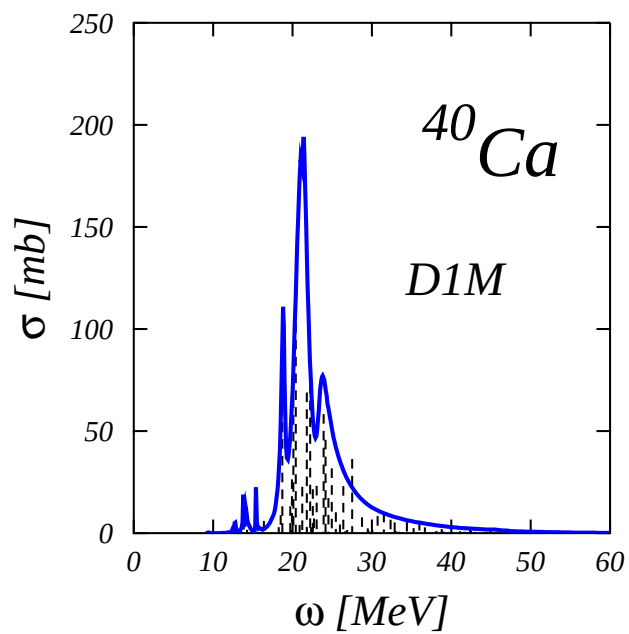
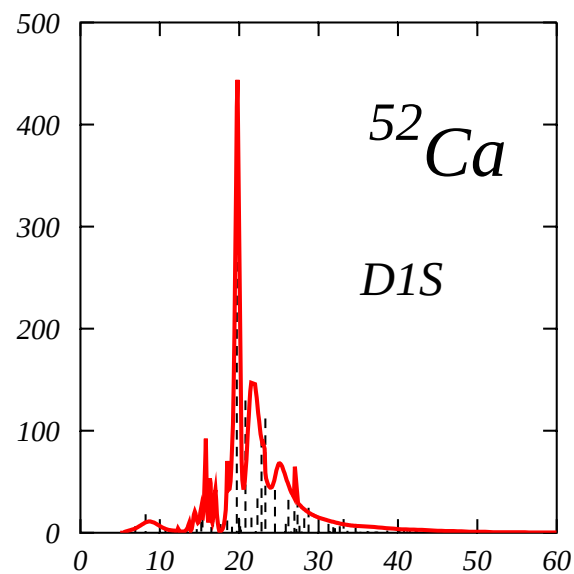
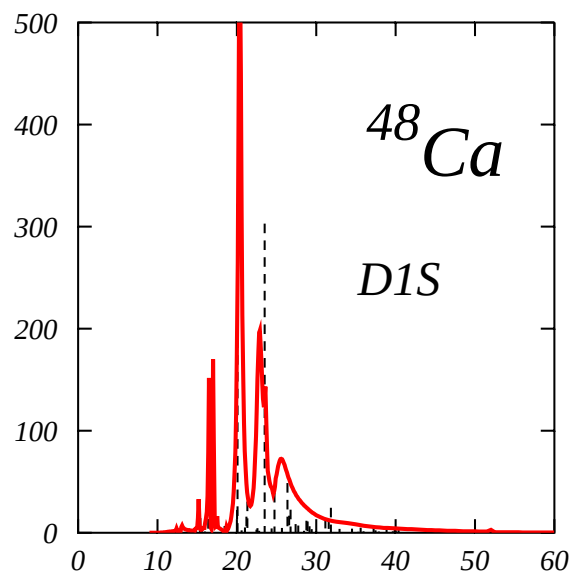
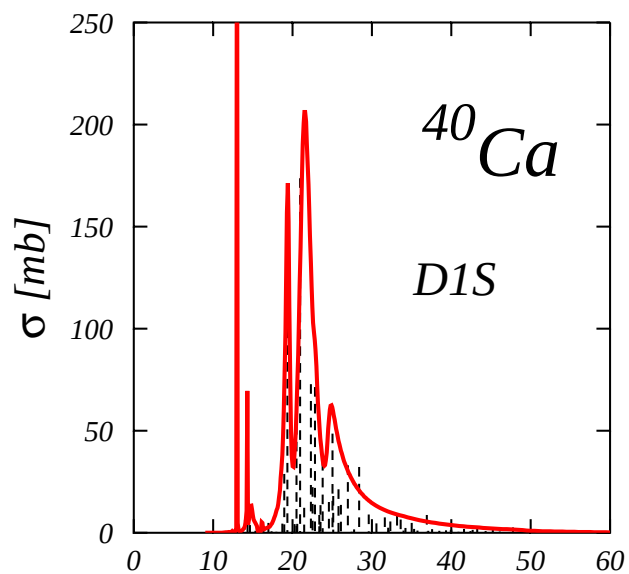
1^- data: J. Ahrens et al., Nucl. Phys. A 251 (1975) 479.

2^+ data: K. T. Knöpfke et al., Phys. Rev. Lett. 35 (1975) 779

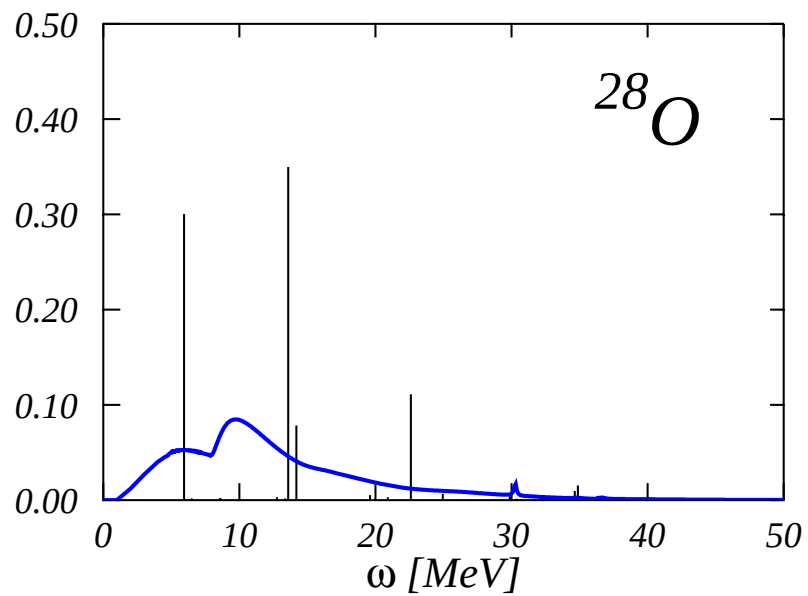
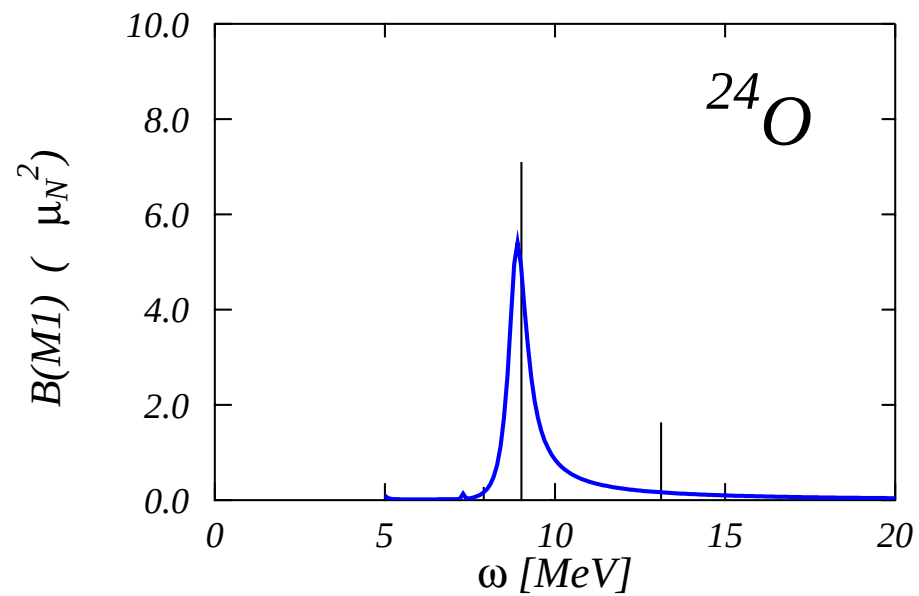
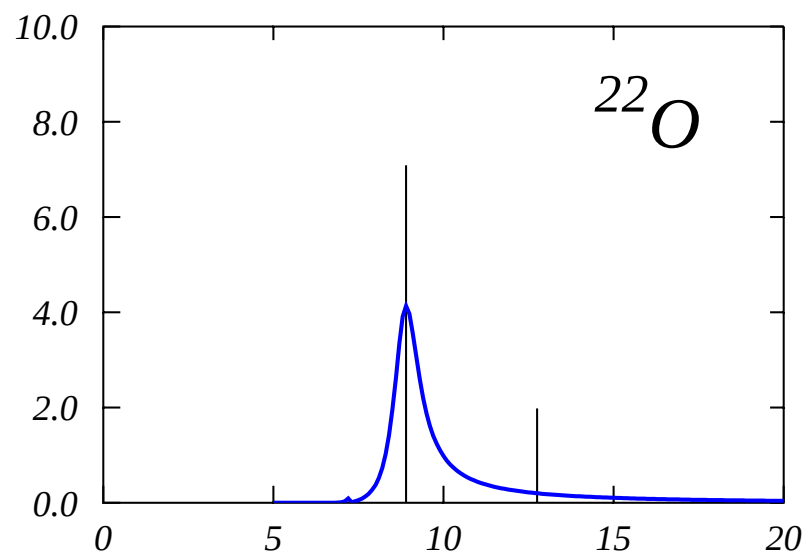
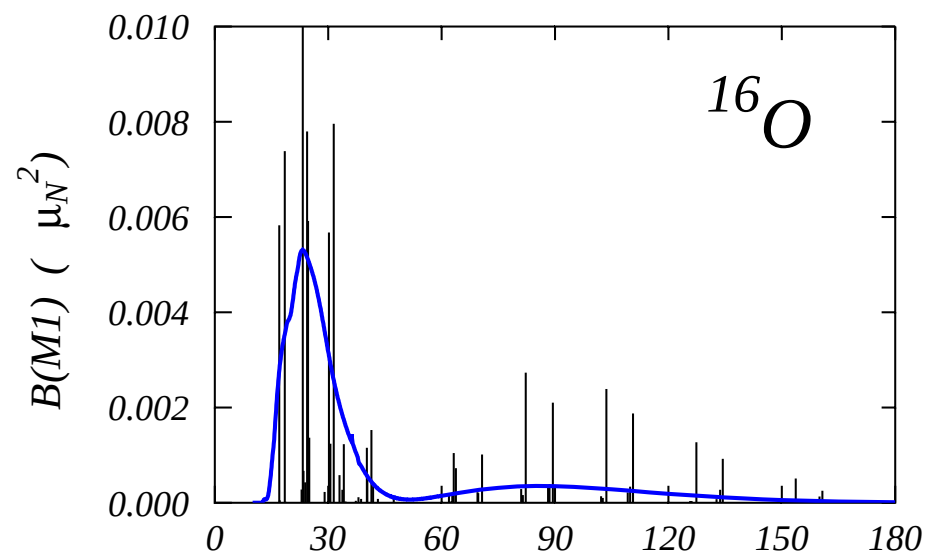
1 -

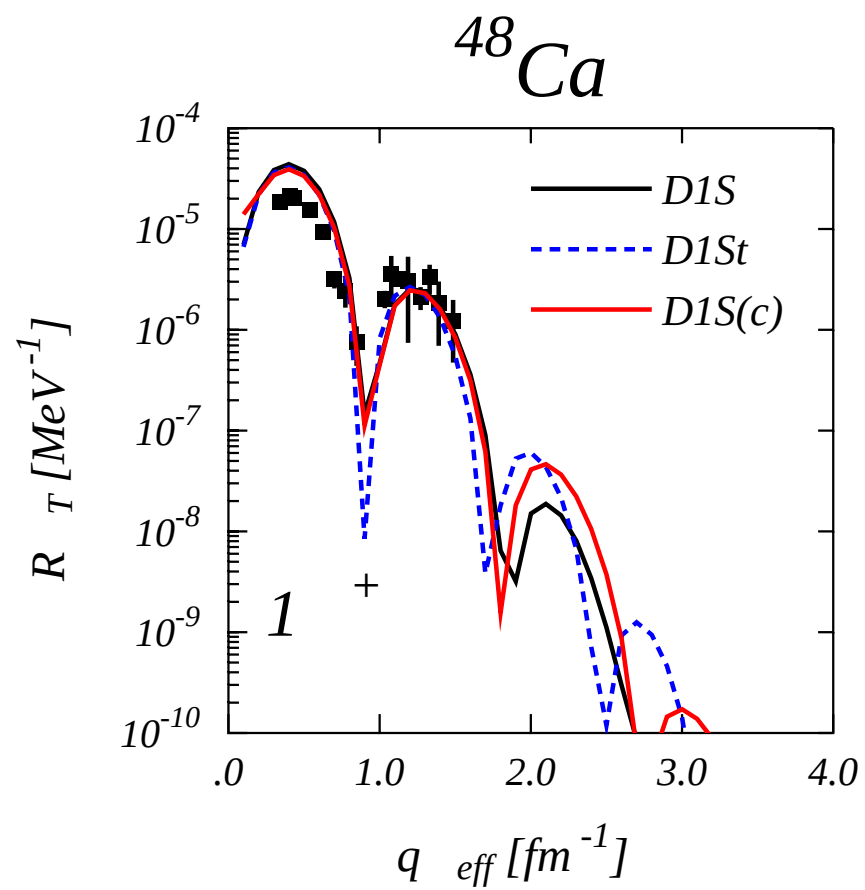


1 -



$D1S$





ω [MeV]
10.16 $D1S$
8.56 $D1St$
10.25 $D1S(c)$